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Martha's Vineyard Cookbook: Over 250 Recipes and Lore from a Bountiful Island

By Jean Stewart Wexler, Hillary Fyle King, Louise Tate King

Globe Pequot Press, United States, 2008. Paperback. Book Condition: New. 4th Revised edition. 218 x 201 mm. Language: English . Brand New Book. This book, originated by the late Cordon Bleu chef and Blueberry Hill Farm owner Louise Tate King, has been expanded with all-new chapters on the foods of the island's African-American and Brazilian communities. Recipes reflect the Vineyard's complete culinary heritage that also includes Wampanoag Indians, English and Scottish whaling families, and Portuguese fishermen. Chapters are devoted to chowders, seafood, shellfish, meat and poultry, and local produce such as berries, walnuts, and pumpkins. Additional chapters include recipes for salads, side dishes, breads, cakes, pies and puddings, marmalades, sauces, and other good things! Photographs and sidebars focusing on Vineyard folklore and natural history imbue the book with a nostalgic charm that allows anyone to take home a little part of the island.



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