



The Pill: An Essential Guide

By Jo Johnson

Need2Know. Paperback. Book Condition: new. BRAND NEW, The Pill: An Essential Guide, Jo Johnson, It is estimated that around 3.5 million women are using the contraceptive pill as their chosen method of birth control in the UK. The majority of these women do not fully understand how the pill works or how best to take it to maximise its effectiveness. This book is a guide for women everywhere, dispelling the myths surrounding the pill, and providing women with the information they need to make an informed choice about birth control. Using expert advice and the latest information, the book covers everything you need to know, from how the pill works and the different types available, to facts about the pills effectiveness and how to request it. Common questions are answered and information is included on male oral contraceptives and the emergency contraceptive pill. Whether youre thinking about using the pill or just want to know more about it, this book will arm you with all the crucial information you need to make the right decisions.



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